

## Nebraska Food Distribution Processed Commodity Fact Sheet

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**Name:** \*Beef, Breaded Stick

**Product Code:** 1416-20

**Processor:** Advance Food Company

**Category:** Meat and Meat Alternate

**Date:** 5/9/2005

**Description:** Breaded beef sticks with soy protein added. Fully cooked

**Pack Size:** 125 servings (500 pieces)

**Storage:** Store at 0 degree's F or below

**Preparation:** Keep frozen until ready to use

**Cooking:** Preheat oven to 350 degrees, place on a sheet pan. Cook for 15 to 18 minutes in a conventional oven or 8 to 10 minutes in a convection oven, until the product reaches an internal temperature of 165 degrees.

**Serving Size:** Four 0.97 oz pieces

**Meal Contribution:** 2 meat/meat alternate and 1 bread alternate

Nutrition Facts			
Calories:	300.72	Protein:	14.40 grams
Total Fat:	18.40 grams	Carbohydrate:	18.36 grams
Saturated Fat:	5.28 grams	Cholesterol:	27.44 mg
Trans Fat:	grams	Calcium:	32.48 mg
Iron:	2.68 mg	Dietary Fiber:	1.44 grams
Sodium:	765.36 mg	Vitamin C:	0.80 mg
Vitamin A:	64.16 IU		